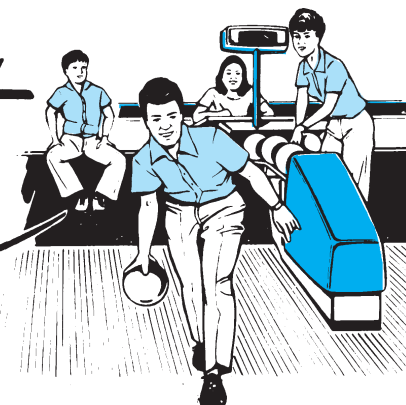


CHECK OUT 'TIPS FROM THE PROS' — PAGE 6

# BOWLER'S Digest

Official 'Voice' of Bowling in the Bowling Capital of the World  
• Established by Steve Cruchon in 1976 •



VOL. 38, NO. 2 Detroit, Michigan — Published Every Other Wednesday SEPTEMBER 4, 2013

## Detroit Bowling Hall of Fame Adds Six New Members for 2013-14

The Detroit Bowling Hall of Fame Committee, a committee of the Metro Detroit USBC Association (MDUSBC), has elected six new members to its Hall of Fame and named three others for special awards. This will increase the number of Hall of Fame members to 249.

Cynthia Patterson of Taylor, Angela Wilt of Westland, Eddie Grace of Howell, Carol Schemers of Clarkston, Leonard Cianciolo of Warren and the late Bill Srock Sr. earned their place in the prestigious Hall. Sharon Schildroth of

Grandville, Michael DeRousie of Livonia and Joe Zainea of Detroit will receive special awards.

**Cynthia Patterson's** career started as a youth bowler when she won 11 Michigan Junior Masters Association (MJMA) titles and was named the Michigan State WBA Star of Tomorrow.

Also as a youth bowler she won several Michigan State Youth team titles.

In 1998 she was a member of the Contour Power Grips team, which won both the Michigan State WBA team and Detroit WBA

team titles. As a member of the All Star Grille team she won the 2001 Detroit WBA team title. In 2001 she was named to the first Team All-City.

In the 1999-2000 season the All Star Grille team set the highest female team series record of 3,600. This was later broken, but still is second.

She was elected in the City of Taylor Sports Hall of Fame as the only woman bowler in the hall.

Her career high average is 233 and she has seven 300 games and four 800 series.

**Angela Wilt** is the consummate team player. As a testament to that she has been a member of four Michigan State WBA title teams (2003, 2005, 2008 and 2011) and four MDUSBC title teams (2007, 2008, 2011 and 2013).

In 2003 she won the Detroit WBA doubles.

*(Continued on Page 7)*

### PBA Returns to Thunderbowl for Central Region Players Invitational

The Professional Bowlers Association will return to Thunderbowl Lanes in Allen Park for the 2013 PBA Central Region Players Invitational (RPI).

Expected players to attend are Chris Loschetter, Ronnie Russell, Brian Kretzer and Tom Smallwood. Detroit area bowlers have a chance to meet the 48-man invitational field at the practice session from 2:30-4:30 p.m. on Friday, Sept. 13, 2013 at Thunderbowl Lanes, 4200 Allen Rd. in Allen Park.

Competition begins Saturday, Sept. 14 with all entrants bowling six games at 9 a.m. then returning at 1:30 p.m. for six additional games. The top 16 bowlers return Sunday morning, Sept. 15 for match play (best of five games) beginning at 9 a.m. with the qualifying players 1-4 receiving a two-round bye and qualifying players 5-8 receiving a one-round bye.

The round of 12 (best of five games), the round of 8 (best of five games), the round of 4 (best game) and Championship Match (best game) will be immediately following.

First place will receive \$6,000, a 2013 "World Series of Bowling" entry at South Point in Las Vegas as well as advancement to the ESPN telecast to compete for a 2014 Tournament of Champions berth.

PBA Xtra Frame will broadcast from start to finish. If you have any questions regarding the tournament, please call Charlie Cassise at Thunderbowl Lanes at (734) 818-9257.

## IN THE NEWS

### 'Michigan Kingpins' Debuts on Comcast

• MICHIGAN KINGPINS, a monthly series of 30-minute TV shows, makes its debut on Comcast Network's Channel 900. The show features interviews, tournament winners, technology reports from bowling manufacturers, top competitors, and upcoming USBC events. This show will be hosted by Metro Detroit USBC's Mark Martin.

The first show aired on Friday, Aug. 23. The second show will air on Friday, Sept. 20 at 7 p.m. on the Comcast Network's Channel 900. Encore broadcasts will be running throughout the month on Comcast Channel 900, at the following times: Tuesdays at 2 p.m. and 9 p.m., Thursdays at 8 p.m., Fridays at 7 p.m., Saturdays at 8:30 a.m. and 9:30 p.m., and Sundays at 9 a.m. and 9:30 p.m.

You can also catch the shows on YouTube and mdusbc.com.

# FREE

PLEASE TAKE A COPY  
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Asbaty Ready to  
Defend USBC  
Queens Title

Heading into the 2012 United States Bowling Congress Queens, Chicago's Diandra Asbaty was at a cross-road but found clarity as she hoisted the championship trophy and donned the coveted tiara after claiming her first major title.

She's had a year to reflect on one of the biggest wins of her career and will be in a completely different mindset when she puts her title on the line at the 2013 USBC Queens presented by Storm, which begins Sept. 1 at Sunset Station's Strike Zone Bowling Center in Henderson, Nev. The finals will be televised on ESPN2 at 2:30 p.m. on Sept. 8.

Should Asbaty come away with another victory, she would become just the fifth woman to successfully defend a Queens title, joining Katsuko Sugimoto (1981-82), Donna Adamek (1979-80), Dorothy Fothergill (1972-73) and Millie Ignizio (1970-71).

Only eight bowlers have won multiple titles since the Queens began in 1961.

For more information on the USBC Queens, visit [BOWL.com/Queens](http://BOWL.com/Queens).

## YAHOO!

You can now e-mail  
the Bowler's Digest at  
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HEY, BOWLERS! IT'S NOT TOO LATE TO...

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# WHERE TO FIND IT

Directory charge is \$12 per issue (Limit 50 words). FAX (586) 286-5877, or send to: "Where to Find It," c/o Bowler's Digest, P.O. Box 96, Fraser, MI 48026  
 bowlersdigest@ymail.com

PLEASE NOTE: Because of an agreement with Detroit area bowling centers, Bowler's Digest does not publish open bowling or "Rock 'n Bowl" rates.

## Bowling Parties

• **ASTRO LANES**, 32388 John R, Madison Heights. Come have an "Astro Experience" with us. Our fundraisers, class reunions, company, birthday and anniversary parties are the best! We have full catering service for any type of party. Call (248) 585-3132.

• **CLOVERLANES BOWL**, 28900 Schoolcraft Rd. Livonia. We offer awesome Adult and Children's Birthday Parties. Take advantage of

our upper lounge and its large dance floor. Choose us for your next Group or Company Party. To meet your special needs we offer full service catering. For more information call (734) 427-6410.

• **THUNDERBOWL LANES**, 4200 Allen Rd., Allen Park. The 2-hour party includes: bowling, unlimited FREE arcade play, pizza, pop, paper products and a cosmic bowling pin for the birthday child. \$12 per person with a 6-person minimum. For more information, call (313) 928-4688.

## Cosmic Bowling

• **IMPERIAL LANES**, 44650 Garfield, Clinton Twp. "Best Cosmic Show" with two giant video screens. Every other Friday at 9:30 p.m. - 1 a.m. at \$20 an hour per lane. Saturday night at 11:30 p.m. - 3 a.m. at \$20 an hour per lane. Additional time is discounted. Saturday afternoon from 12 noon to 4 p.m. at \$3.50 per game, per person. Call (586) 286-8700.

• **THUNDERBOWL LANES**, 4200 Allen Rd., Allen Park. "Cosmic Bowling" is available on Friday and Saturday nights. Cosmic pricing includes 3 hours of bowling, unlimited FREE arcade play and music videos on large screen TVs. Sessions start at 10 p.m. The price is \$15 per person plus \$3 for shoes. For more information, call (313) 928-4688.

## Extreme Bowling

• **THUNDERBIRD LANES**, 400 W. Maple Rd. Troy. "EXTREME Bowling." Metro Detroit's best! High Tech Lights, Music and Huge Video Screens. Friday nights 10 p.m. to midnight. And for the family "PINDEMONIUM" with family-friendly music and music videos. Sunday afternoons. 12:30 p.m. to 4:30 p.m. For information call (248) 362-1660.

## Dancing/Video Fun Night

• **THUNDERBOWL LANES**, 4200 Allen Rd., Allen Park. Watch music videos on a 160" screen as well as on over a dozen large screen TVs while you're bowling. Videos are played nightly. Call Thunderbowl Lanes at (313) 928-4688 to get complete details.

## Moonlight Doubles

• **SUNNYBROOK LANES**, 7191 East 17 Mile Rd., Sterling Heights. "9-Pin, No Tap" Moonlight Doubles. Saturdays at 11:30 p.m. Check-in at 10:45 p.m. \$25 per couple includes three games of bowling, first and second mystery games and prize fund. We guarantee a minimum of five places paid. Additional jackpots available. For more info, call (586) 264-2700.



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Bowler's Digest is the official publication and "voice" of bowling in Southeastern Michigan. Serving more than 250,000 men, women and youth bowlers in and around the Bowling Capital of the World and many parts of Michigan. Bowler's Digest appears every two weeks in leading bowling centers, bowling supply stores, etc., compliments of the proprietors.

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# Congratulations to New Hall of Fame Electees

## METRODETROIT USBC NEWS

By Association Manager  
**Mark A. Martin**

For more information about the Metro Detroit USBC, call 1-888-753-6350 or visit [www.mdusbc.com](http://www.mdusbc.com)



• CONGRATULATIONS to Cyndi Patterson, Angela Wilt, Eddie Grace, Carol Schemers, Leonard Cianciolo and the late Bill Srock Sr. on their election to the prestigious Detroit Bowling Hall of Fame.

Each earned their well deserved honor with long time commitment to bowling and performance in the sport in Metro Detroit.

\*\*\*

### LEAGUE CERTIFICATIONS COMING IN

• HAS YOUR league certified on time this year? Each year a number of leagues don't attend to this requirement and lose

precious benefits as a result. This is the time of year that all leagues should be sure that your certification application, membership application cards and money has been turned in to the Metro Detroit USBC Association. One of the key points for leagues to be eligible for full bonding and award protection is to file your certification application within 30 days of the league start date. If you have a question about whether your

league application has been filed, please call the Association office at (248) 443-2695.

\*\*\*

### IT IS THAT TIME OF YEAR AGAIN

• THE CALL for league bowling is in the air.

If you are not signed up for a league as yet, why not call your local bowling center and inquire about openings. Every bowling center will help place you in a league which matches your skill and interest level.

League bowling is the most reasonably priced recreational opportunity a person can have. For an average of \$14-\$20 each league

### MICHIGAN KINGPINS

Did you catch the latest episode of Michigan Kingpins? Michigan Kingpins is a monthly video news magazine of the latest bowling news from the Bowling Capital of the World.

Hosted by Mark Martin, the show airs on Comcast Channel 900. If you don't have Comcast Channel 900, you can watch this on YouTube or [mdusbc.com](http://mdusbc.com).

On Comcast the show airs the following days and times: Friday at 7 p.m., Saturday at 8:30 a.m. and 9:30 p.m., Sunday at 9 a.m. and 9:30 p.m., Tuesday at 2 p.m. and 9 p.m., and Thursday at 8 p.m.

Check it out... you might be surprised!

session, you can enjoy the physical exercise the sport provides, the camaraderie of being with others with like interests and the competition.

Speaking of the physical exercise the game provides, make sure to stretch those muscles before competition so you don't end up on the disabled list. Be sure to get to your league session a few minutes early and throw a few practice balls.

If you haven't bowled for a while, like since last spring, visit your local bowling center and work on your mechanics. By doing this you won't be surprised when that first league session comes.

If you are unsure about joining a league, encourage one of your friends to join with you. This can make the experience much more pleasant.

Bowling centers offer leagues at every level of competition. There are leagues for all women, all men, mixed and youth leagues at virtually all local centers.

For parents this is the chance to get your

children involved in the game that you probably enjoyed in your youth. In addition to youth leagues there are also many family leagues, where youth bowl with adults. There is much flexibility built into these league structures to accommodate every family's needs.

Nearly all bowling centers offer a youth program. Even if your local center has not had one in the past, check with the center personnel about their current programs.

Local bowling centers have done a tremendous job of keeping up with the times. The summer time is when your local bowling center prepares for the busy fall winter season.

I have visited several local bowling centers and I recommend that you do the same. Many have made improvements during the summer to enhance your bowling experience.

The United States Congress (USBC) offers certified organizational support for  
*(Continued on Page 4)*



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# Congratulations to New Hall of Fame Electees

(Continued from Page 3)

leagues. The annual cost is very nominal and only has to be paid in one league to be covered in your other local leagues.

Annual membership in the USBC through the Metro Detroit USBC is \$20.

The USBC through the MDUSBC offers league structure support, standardized rules, bonding, awards program, standardization of the equipment used and recognized league averages. The MDUSBC also offers our own brand of local awards program and other opportunities only available to our members.

The MDUSBC will continue to offer a new improved plastic membership card direct mailed to each bowler, tournaments, charitable causes, bonding program, an improved awards program, discount opportunities and a \$20 savings on a purchase of \$150 or more at participating pro shops.

Your best value in sports is still certification, as it has been for over 100 years.

\*\*\*

## BIG NEW CHANGES COMING

• THE METRO Detroit USBC Board recently met and approved the following actions:

Beginning in August, all awards and reports to leagues secretaries will be delivered to your bowling center. This change will improve response time to centers and leagues. Additionally, once this service begins, league secretaries can send in information that normally would be mailed by dropping it off at the bowling center. This service will continue until May.

The MDUSBC app is here. You can download it from the Apple store, Google play and other stores, just search MDUSBC. Also available at [www.mdusbc.com](http://www.mdusbc.com). If you have ideas you would like to see from this app, send Mark Martin an e-mail to [mark.martin@mdusbc.com](mailto:mark.martin@mdusbc.com).

Several tournament changes will take place in the 2013-14 season and others in

the 2014-15 season.

The MDUSBC Youth Championship will move from its former January - February time frame to November - December. This change will allow more of our high school bowlers to participate, before the high school bowling season begins. There will be three handicap and one scratch division, down from four handicap divisions and one scratch division. Also in the 2014-15 season the MDUSBC Junior Masters will move from October to March, for the same reason as above. Gregory Moncrief has also joined the Youth Committee.

Both the MDUSBC Women's and Open Championships will offer incentives for those teams bowling on the 8 a.m. squad on opening weekend, Feb. 8-9. No longer will bowlers have to change lanes between doubles and singles. This change will help speed up the squads. Also a new longevity recognition program will be available to bowlers who have bowled in the Women's or Open championships for at least 25 years. There will also be recognition to 30, 35, 40, 45 and 50 years.

The MDUSBC Women's Championship will go from three divisions to two divisions due to decreased demand. The entry fee will increase to \$25 per person, per event with added prize money. The handicap, actual and senior handicap all-events entry fee will increase to \$5, with the entire amount returned as prize money.

The MDUSBC Open Championship will be contested in only one division starting in 2014, but will add an optional scratch division. The cost for the optional scratch division will be \$10 per person, per event. Those entering the optional scratch division will be able to cash in both handicap and actual prize lists.

The MDUSBC Queens format will change in the 2013-14 season. The event will become a two-day event, with qualifying on Saturday and match play on Sunday. Qualifying will be eight games of qualifying in

two squads of four games each. The top 16 will return on Sunday for single game, double elimination to crown the champion. The entry fee will be adjusted to accommodate the additional games and be announced later.

Thanks to Turbo 2-N-1 Grips for sponsoring the Junior Masters, Super Senior Masters, Queens, Masters and Senior Masters. Red Robin Restaurants sponsors the Masters and Senior Masters. Their support is very much appreciated.

The 2014-15 tournament sites have been awarded as follows: *Adult/Youth* — Salt River Lanes, *Junior Masters* — Indian Lanes, *Super Senior Masters* — Shelby Lanes, *Queens* — Ford Lanes, *500 Club* — Century Bowl, *Youth City* — Sunnybrook Lanes, *Masters* — Shore Lanes, *Senior Masters* — Airway Lanes, *Open and Women's Championships* — Sterling Lanes, *Senior Team* — Thunderbowl Lanes.

Just a reminder on the sites for upcoming 2013-14 season. *Adult/Youth* — Taylor Lanes, *Junior Masters* — Astro Lanes, *Super Senior Masters* — Belmar Lanes, *Queens* — Astro Lanes, *500 Club* — Wonderland Lanes, *Youth City* — Sunnybrook

Lanes, *Masters* — Taylor Lanes, *Senior Masters* — Classic Lanes, *Open and Women's Championships* — Taylor Lanes, *Senior Team* - Sterling Lanes.

Many of you may have heard that the Special Achievement awards will become a responsibility of each local association in the 2014-15 season for adults and youth. The awards program for the 2013-14 season will remain unchanged; however there will be significant changes in the 2014-15 season. Look for a survey in your e-mail box at the beginning of the next season to help MDUSBC create a program that members are looking for. We can only do it with your help.

Women will get additional consideration for All-City and Senior All-City for high placing in Open events and Women's Series events in the 2013-14 season.

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## 2013 SCHEDULE

DATE	CENTER	TIME
1/5/2013	OAK LANES	10:00 AM
2/23/2013	PLAZA LANES	10:00 AM
3/30/2013	CHERRY HILL LANES	10:00 AM
4/27/2013	BOWL ONE LANES	10:00 AM
5/18/2013	THUNDERBOWL LANES	10:00 AM
6/15/2013	SUNNYBROOK LANES	10:00 AM
8/31/2013	NOVI BOWL	10:00 AM
9/28/2013	DRAKESHIRE LANES	10:00 AM
10/26/2013	HAZEL PARK BOWL	10:00 AM
11/23/2013	FIVE STAR LANES	10:00 AM
12/7/2013	WAYNE BOWL - FINALS	10:00 AM



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**Libbi Fletcher**

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• I HAVE BEEN involved at the association level since 1985. Back then, the WIBC dues were probably \$6, not sure. But the question that we as leaders have always been asked is, "What do we get for our money?"

Why should leagues "sanction?" It has always been a challenge. And at that time, the associations and the proprietors were not on the same page; therefore, some proprietors did not support sanctioning of leagues, and even went as far as to provide their own awards to those unsanctioned leagues.

Well, as the saying goes, we've come a long way, baby! I do believe that the relationship between USBC and BPAA is the best it has ever been. This is evident by the joint efforts going on at the International Bowling Campus, and most strongly by the IBC Youth department and committee. This is of the utmost importance, since the youth are the future of this sport, if it is to have a future. And I believe it does. But that future cannot look as it has in the past.

We do not pay \$6 anymore to a women's organization. We now pay \$10 to an organization that services women, men and youth and is the national governing body for the sport of bowling. While many do not see value in being the NGB, but being recognized by the USOC as the governing body

of our sport is extremely important. Supporting the NGB of any sport is invaluable. Many belong to USGA as golfers, which I believe is about \$35 and you receive a bag tag for your golf bag. That is about it. But that money supports so much for the game of golf.

So what do we get for that \$10?

Rules of the game, equipment specifications and certifications of pins, bowling balls, lanes, lane conditioner, certified averages, bonding of our

leagues, national tournaments, member rewards, bowl.com, youth development and the SMART Fund which administers scholarships, BOWLTV, the Bowler's Journal interactive magazine.

Also, we support Team USA, provide an annual convention to association delegates, Registered Volunteer Program that keeps our kids safe from predators, field staff, webinars, group tax exemption for associations, IT support for Winlabs for processing membership, and supporting charities such as BVL (Brightening Veteran's Lives), Bowl for the Cure, Special Olympics, etc.

The biggest change of all, of course, has been the announcement of the elimination of special achievement awards. The "one size fits all" approach was not working. What works here in Detroit, may not work in Wyoming or Florida. Awards are perceived to have a low value. These awards will now be administered by the local associations. No one knows OUR bowlers better than we do. So in the fall, a survey will be sent out to the MDUSBC bowlers asking for feedback with regard to awards as we prepare for the 2014-15 season. When you receive this survey in your e-mail box, please take the time to respond so we know what you expect from your local association.

Change is never easy, but it is certain.

Bowling has been at a steady decline of around 6% each year for about 20-25 years. We can no longer keep trying to do business as we did in the 1980s when bowling was at its heyday. We need to move forward and be a strong national governing body of the sport. We have a responsibility to the youth who enjoy this sport and are better trained and equipped as athletes than some of us ever were! That was evident when the Junior Gold athletes were here last month.

I believe in supporting USBC and I cannot imagine what this sport would be like if we had no rules governing the sport, equipment, lanes, etc. It would not be a sport at all.

We lose 6% of our membership each year, but statistics show that we get 20-25%

new bowlers each year. We need to keep those new bowlers. We need to welcome them, teach them, and get them into leagues that fit their demographic and ability. If everyone brought in ONE new bowler who didn't bowl last year, we would double our membership.

Metro Detroit USBC will continue to serve our members to the best of our ability. We will listen to your suggestions with regard to all of the changes coming in the next year. As the Awards chairman, I welcome any and all suggestions and ideas that we can review on your behalf.

Please e-mail me at libbi.fletcher@mdusbc.com

Thanks for being a member of Metro Detroit USBC and USBC.

## Korea, Finland Take World Titles in Team Event

HENDERSON, Nev. — Finland and Korea took the five-player team titles in the men's and women's divisions, respectively, on Friday as the 2013 World Tenpin Bowling Association World Championships came to a close.

Finland won the men's title in a high-scoring shootout with the United States, 1,183-1,126, at Sunset Station's Strike Zone Bowling Center. Korea knocked off Team USA, 1,159-992, to take the women's title.

The men's title match was relatively close most of the match but Finland was able to hang on and pull away down the stretch. Pasi Uotila led the Finns with a 279 game and was followed by Petteri Salonen (258), Tony Ranta (236), Perttu Jussila (206) and Osku Palermaa (204). Tommy Jones put together the big score for Team USA with a 257. Bill O'Neil had a 248 game, Chris Barnes shot 235, John Janawicz added 194 and John Szczerbinski shot 192.

In the women's gold-medal match, Korea put on an impressive display and was led by Kim Moon-Jeong's 267 game. Lee Na-Young shot 246, Son Yun-Hee had 238, Jung Da-Wun fired 224 and Ryu Seo-Yeon had 184. Kelly Kulick led the Team USA women with a 224 game and was joined by Missy Parkin (195), Shannon O'Keefe (194), Stefanie Nation (191) and Liz Johnson (188).

For more information on the WTBA World Championships, visit BOWL.com/World2013.

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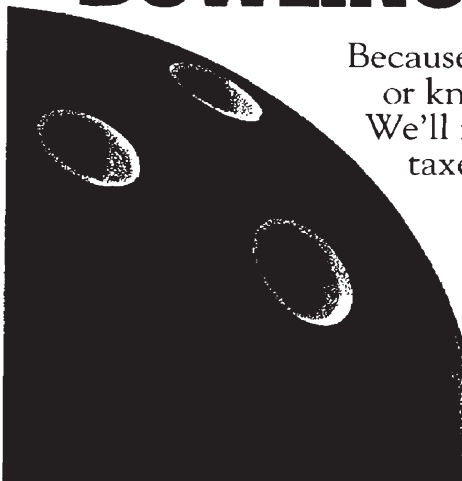
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# Accessory Kit a Must for Your Equipment Bag

**TIPS FROM THE PROS**



**By CHERYL DANIELS**

*Member of the Professional Women's Bowling Association*

• THIS ISSUE I will cover learning to customize your ball surface for the lane conditions you bowl on. Every serious league bowler should have an accessory kit which includes scissors, bowler's tape, easy slide, a towel, sandpaper or "Scotch-Brite" pads

of different grits and some kind of skin protector patch for calluses. Keeping an accessory kit with these items will prepare you for most situations.

In bowling, the biggest influence in determining whether your ball is going to hook or not is the surface of your bowling ball. Learning to match your ball surface to the conditions is very important in controlling your hook or lack of hook.

When you buy bowling equipment, some balls have a shiny surface and some balls have a dull or semi-dull finish. Balls that have a shiny appearance have been polished or waxed and will skid longer. Wax or polish fills the pores in the shell of the ball and coats the ball surface reducing the lane friction, thus producing more skid. Whereas a dull ball finish is achieved by sanding the surface with sandpaper or "Scotch-Brite" pads. The dull surface is rougher and will produce more friction thus gripping the lane surface more and producing more hook.

If you bowl in a center that uses a heavy oil pattern, you should use a ball with more "surface." Most pro shops use different grits of sandpaper to achieve more or less hook. A sandpaper that is a 320 or 400 grit is used for oily lanes and a 500 to 600 grit is more for medium oiled lanes. When the lanes are very dry, your local pro shop can use very fine grits of sandpaper like 1000 and 1200 grit along with different polishes to shine your equip-

ment or you can put your equipment in a "Lustre King" (if you can find one that works).

When you need to scuff your ball on your own, I suggest using "Scotch-Brite" sanding pads that you can get from your local hardware store and keep in your accessory bag. "Scotch-Brite" pads can be found in a green pad (400 grit), burgundy pad (500 grit), grey pad (600 grit), and a white pad (1000 grit). During your warm-up before competition begins you can alter your surface by using the different pads.

When you sand or scuff up the ball surface, the WIBC and ABC rule requires you sand the entire surface of the ball. Sometimes just a little more "surface" can make a big difference in getting your ball to break at the right point. ABC and WIBC rules will not allow you to alter your surface once competition begins.

**Q: What exercises are good for bowling?**

**A:** If you are a serious bowler who competes in long format tournaments, I suggest incorporating a fitness workout program with a personal trainer. I have personally belonged to a gym or health club for many



years and currently work with personal trainer Dave Davis at "Tel-Ex Powerhouse Gym" in Southfield.

Bowlers should focus on building strong legs (leg curls, leg extensions, leg press, etc.). Most women should do exercises to strengthen their wrists (wrist curls). Bowlers should try to do exercises that don't build a lot of bulk and inhibit mobility.

Remember to always consult a physician before beginning an exercise program.

◆ Send Questions to Cheryl Daniels, P.O. Box 252, Novi, MI 48376 or e-mail me at "shebe@freeway.net" or visit [www.cheryldaniels.com](http://www.cheryldaniels.com).

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## Detroit Bowling Hall of Fame Adds Six New Members for 2013-14

(Continued from Page 1)

She has been named to the Detroit WBA / MDUSBC All-City team seven times (1997, 1998, 2000, 2001, 2007, 2009 and 2011).

Other titles include TNBA National Championship Mixed team in 2001, TNBA National Championship team and doubles in 2005 and TNBA National Championship team in 2011.

Twice she has finished runner-up in the Detroit Queens (2005 and 2012). She has won two MDUSBC Women's Series titles.

In 2010 she was a member of a two-man, two-woman team which had the highest series in the nation with 3,102.

Her career high average is 226. She has 11 300 games and five 800 series.

**Eddie Grace** won the Metro Detroit USBC Association Masters in 2010.

He was named Rookie of the Year and Bowler of the Year in the Detroit All-Star Classic in the 1987-88 season, when he averaged 237.57 for the season.

In 12 years of All-Star Classic competition, teams that he competed on won 10 titles. Six times he was named Bowler of

the Month.

He was named to the Greater Detroit All-City team in 1988.

He won the PBA Regional Central Region Coors Open in 1990.

On the state level he was on the winning team in 2008 with Ansara's.

Still competing at a high level, Grace won the Michigan Majors Doubles with Ken Wyatt in 2013.

His career high average is 243 in the 2008-09 season. He has 25 300 games and 20 800 series to his credit.

**Carol Schemers** has dedicated more than 50 years of her life to bowling.

She was born into a bowling family and moved to the Detroit area in the 1960s and was picked up by some prestigious teams.

In 1972 she won the Detroit WBA singles and was named to the Detroit WBA All-City team in 1974.

She was a member of two Detroit WBA championship teams, Rollie Barrett in 1975 and Goebel Beer in 1990.

Her resume includes three Michigan State WBA team titles with Goebel Beer (1990, 1993 and 1994).

In 1975 she was chosen to represent the United States in International Competition in London. She proceeded to earn silver medals in FIQ Doubles and Team and a bronze medal in FIQ Masters.

**Leonard Cianciolo** has always been a very talented bowler, but since becoming a senior his career has flourished.

In 1972 he was a member of the Caravan Electric team, which won the Michigan State team title.

He won the MDUSBC Super Senior Masters in 2009.

He was named to the All-City team in 1981 and the Senior All-City team in 2010.

Other titles include the Coca Cola Singles in 1967, Halls Rec Doubles in 1969 and Chicago Team Tournament in 1970.

His career high average is 235, achieved in the 2009-2010 season. He owns 29 300 games and eight 800 series with a personal best of 835.

**Bill Srock Sr.** was the longtime proprietor of North Hill Lanes in Rochester with his son, Bill Jr.

He began bowling in 1944, averaging 193. In 1946 he averaged 203 in the Michigan Major Classic at Crest Lanes.

Long a member of the All-Star Classics, he was elected President of both leagues in 1958.

When the National Bowling League started he was drafted, signed and player/general manager of the Detroit

Thunderbirds, but resigned after six months to begin employment at Brunswick Corporation.

With Brunswick he was on the Advisory Staff, bowling exhibitions, conducting clinics and developing various promotional programs in 11 foreign countries and 49 states.

Other affiliations he held were Director of the Detroit News Bowling School for three years, Regional Representative for the Professional Bowlers Association, member of the National Bowling Council, member of the President's Council on Physical Fitness and Bowling Director for the Lifetime Sports Foundation.

**Sharon Schildroth** will be honored with the Thomas W. McKay Award for a lifetime of service to the sport of bowling.

**Michael DeRousie** will receive the Judge Watts Award for making outstanding contributions to the promotion of bowling.

**Joe Zainea** will receive the George Prybyla Industry Award which is presented to someone involved in the ownership or management of a bowling center who has contributed to the promotion of the sport.

Induction ceremonies will take place Sunday, Nov. 10 at DeCarlo's Banquet and Convention Center, 6015 E. Ten Mile Rd. in Warren. Cocktails will be served at 4 p.m., dinner at 5 p.m. with ceremonies to follow. Tickets are \$30 each and can be purchased through the MDUSBC office at (248) 443-2695, ext. 104.

## PBA Hall-of-Famers Earn Berths in PBA50 Tour Finals During World Series of Bowling

• THREE OF the Professional Bowlers Association's greatest players topped the season-ending PBA50 Tour stats for average, earnings and competition points.

After earning his second consecutive PBA50 Player of the Year crown, Walter Ray Williams Jr. of Ocala, Fla., topped the earnings and standard competition points lists.

Pete Weber of St. Ann, Mo., who bowled in only six events in his first year as a PBA50 Tour competitor, led the average category, scoring at a 233.77 pace for 154 games, and ending the season second in earnings (\$32,000) and sixth in competition points (127,667).

Weber won two titles, including his first PBA50 Tour major in the USBC Senior Masters, in his third tournament. He also won the season-ending Treasure Island Resort & Casino presented by MOTIV Open in Welch, Minn., a victory that gave him the PBA50 Rookie of the Year title (also based on points awarded for top four finishes).

Amleto Monacelli of Venezuela, a 19-time winner on the PBA Tour, successfully defended his Suncoast PBA Senior U.S. Open title for his second career PBA50 Tour title.

As the top three in Player of the Year points, Williams, Monacelli and Weber earned the three berths for the PBA50 Tour Finals which will be conducted as part of World Series of Bowling V in Las Vegas in early November.

For complete PBA50 Tour stats, visit pba.com and click on the "statistics" tab.



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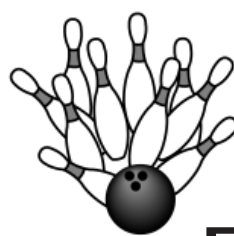
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- **LOOKING FOR WEDNESDAY NIGHT LEAGUE** — Men's, Ladies or Mixed
- **THURSDAY NIGHT MEN'S LEAGUE**  
Starts Sept. 12th at 7 p.m.  
Looking for 5-Man Teams or Individuals
- **FRIDAY NIGHT FUNDRAISER SQUADS AVAILABLE**
- **SATURDAY NIGHT LEAGUE**  
6 p.m. • Every Other Week  
Looking for 4-Person Mixed Teams or Individuals
- **SUNDAY VEGAS LEAGUE**  
Starts Aug. 25th at 4:45 p.m. • Every Other Week  
Looking for 4-Person Mixed Teams or Individuals  
Vegas Trip is Optional

# It Takes Work, Hard Work, to Reach the Top

• **THERE ARE** few, if any bowlers who can't improve their game, and I write that even with the full knowledge that there are bowlers averaging better than 230 and 240 and even higher.

And yet there are many who never rolled a 240 game, much less attain a 240 average.

And there are many, no matter how many games they roll, no matter how much instruction they take, backing, personal and financial, who can attain professional pro-

ficiency.

Pros come in assorted ability. Some have great physical games, others great mental attitude. Most a combination of the various factors that make for a pro in any endeavor. With that goes the hard to rate heart and desire to attempt what is a changing scene a continuing challenge and along shot gamble.

You don't see it but one thing they all have in common is that not a single one arrived there easily and without work, hard work.

You don't inherit bowling ability even though the genes might be there for starters. There are no silver platters full of strikes and spares for the asking or buying. Time, effort, money, personal sacrifice of not only the bowler, but of others close to him or her, family, friends and fans, old and new, all figure in the picture.

At times the chase is more interesting and rewarding than the capture, even when you are fully serious. When you aren't really serious then the talk of the chase is the thing, and oddly, might even bring the same satisfaction as making the try. If you can't do your thing, then you can enjoy talking about why you can't do your thing.

We are all frustrated in some area of life, regardless of how successful we might be in another.

It isn't all bad to suffer some frustration. Then you can better evaluate the high hopes



**By CHUCK PEZZANO**

*Bowling Hall-of-Famer and Nationally Syndicated Columnist*

we harbor, the ones that might be dashed should be given the full opportunity to do what we think we can do. If you are never given or able to take a chance, what could have been always remains and you really don't have the answer.

Many who try pro bowling don't make it and had little chance from the start but they did get an answer. We should never knock those who don't make it. They will always outnumber those that do succeed. It comes down to those who try and succeed or fail, but either way they learn that elusive answer.

And they well know that a star pro bowler, those just below and those who on the border line of making it or not are true athletes, worthy of every consideration.

People don't always like to look in mirrors, and at times don't want answers.

Aspiring pro bowlers do look in mirrors and for career answers.

## ESPN, PBA SIGN FIVE-YEAR DEAL

ESPN announced that it will expand its relationship with the Professional Bowlers Association (PBA) under a new five-year deal that will see the network's previous coverage of the PBA Tour and the PBA League grow from 25.2 hours per year to 36. The deal becomes effective with the 2013 World Series of Bowling, which will debut on ESPN on Sunday, Dec. 1, 2013.



The new deal follows a successful inaugural season of the PBA League, which features eight celebrity team owners, including stars Chris Paul, Kevin Hart, Terrell Owens and Billie Jean King. The second season of The PBA League will debut on ESPN on Sunday Jan. 5, 2014.

The deal ensures that the PBA will remain on ESPN and marks the continuation of a partnership that dates back to 1979.



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